

# PATIENT INSTRUCTIONS FOR DISCHARGE AND CATHETER CARE

You have had a tube placed in the  bile duct/ liver.  
 kidney.  
 other \_\_\_\_\_

You will need to flush the tube  once  twice daily.  
 Do not flush this tube.

## TUBE CARE

Wash your hands before you begin.

### TO FLUSH:

1. Disconnect the tube from the drainage bag or cap. Do not discard this. Some fluid may leak from the tube, so you may want to place a gauze pad under the tube.
2. Insert the syringe into the catheter hub. Inject the saline. DO NOT DRAW BACK ON THE SYRINGE.
3. Remove and discard the syringe. DO NOT REUSE. Replace the cap or drainage bag.

### TO CHANGE THE DRESSING:

1. The dressing should only be changed if it is completely soaked or soiled. If it is clean and dry, it can be left in place.
2. Carefully peel back the old dressing while holding the catheter in place with the other hand.
3. Take a Qtip or 4 x 4 gauze moistened with hydrogen peroxide, and clean around the tube insertion site and the sutures (which help to hold the catheter in place).
4. Place a clean dry gauze over the insertion site, and cover the area with Tegaderm or other medical dressing adhesive.

To care for this tube you will need the following supplies from pharmacy:

- Flush: Normal saline 10cc pre-filled syringes
- 4 x 4 gauze pads
- Tegaderm (or other clear plastic bio-occlusive adhesive bandage/dressing)
- Hydrogen peroxide

### CONTACT

- There is continued leaking around the tube.
- There is pus or bloody drainage from the tube.
- There is increased skin redness.
- The tube becomes damaged, cracked, or blocked so that it cannot drain or be flushed.
- You have unrelieved or increased pain in the area of the tube.
- You have a fever with temperature > 101.

### RADIOLOGY IF

## FOR DISCHARGE

Activity: No heavy lifting or excessive stair use for \_\_\_\_\_, then as tolerated.

Diet:  Resume your regular diet.

Other \_\_\_\_\_

Medications: \_\_\_\_\_

Follow Up Instructions: See Dr. \_\_\_\_\_ in \_\_\_\_\_

MD SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

## CONTACT NUMBERS

- Weekdays 9a-5p:  
202.
- Evenings 5p- 9a and Weekends:  
202.  
202.

[Ask the Page Operator to contact/page the Radiology Resident On Call.]

Patient Label

POST-INTERVENTIONAL  
RADIOLOGY PROCEDURE  
PATIENT DISCHARGE  
INSTRUCTIONS