

POST-UAE PATIENT DISCHARGE INSTRUCTIONS

(PATIENT IDENTIFICATION)

Attending Physician: _____

ACTIVITY: Do not drive or operate machinery for 24 hours.
Do not lift heavy objects over 10 pounds for two days.
You may shower today. No tub baths for two days.
You may resume sexual and other physical activity in two weeks.

DIET: You may resume your regular diet.

MEDICATIONS: PLEASE FILL ALL CHECKED PRESCRIPTIONS

- Ciprofloxin 500 mg, take 1 tab every 12 hours for 7 days #14. No refill
- Ondansetron 4 mg tablets, take 1 to 2 tablets every 8 hours as needed for nausea #20. No refill
- Compazine 5 mg tablets, take 1 to 2 tablets every 6 hours as need for nausea #20. No refill
(fill if unable to get ondansetron)
- Percocet 5/325 mg tablets, take 1 to 2 tablets every 4 to 6 hours as needed for pain #30. No refill
- Ibuprofen 200 mg tablets, take 2-3 tablets every 8 hours for ___ days. May get over the counter.
- _____
- _____

- If you experience gas pain, you may take an over the counter medication for this such as Mylanta Gas® or Gas-X® and use as directed.
- If you experience constipation, you make take an over the counter medication for this such as Senekot®, Metamucil® or Flect enema® and use as directed.

FOLLOW-UP INSTRUCTIONS: See Dr. _____ in _____. Phone # (202) _____

POST-PROCEDURE INSTRUCTIONS:

1. After the Uterine Artery Embolization procedure, it is normal to have crampy abdominal pian as well as vaginal bleeding, clots and discharge for 2-4 weeks after your procedure.
2. Take medication prescribed to you as directed. If you are unable to fill your prescription, let the doctor know immediately.
3. Constipation and gas pain are common side effects of the pain medication.
4. Bruising and skin discoloration of the groin puncture site is normal and will disappear in time. Leave the bandage over the puncture site until the next day and then remove the bandage.
5. For the next 48 hours, if you have to cough or sneeze, place your fingers over the bandage and hold it firmly. Do not bend over or strain for the next 24 hours.
6. Please notify us immediately if you develop a fever over 101.5, any loss of sensation or movement of the legs, unusual tingling, coldness or discoloration of the legs, increased pain at the puncture site or if you notice a lump at the puncture site. If you notice bleeding from the puncture site, place your fingers over the site, press firmly and call us immediately.

If you have additional questions, you may contact us between 8 AM and 5 PM at (202) _____. After 5 PM, on the weekend or holidays, please call the page operator at (202)-_____ and ask them to page the Radiology Resident on-call.

Interventional Radiology: _____ Date/Time: _____

I have given the post-procedure instructions: _____ Date/Time: _____

I have received and understand the post-procedure instructions: Patient (or Responsible Party)

_____ Date/Time: _____