



Medical History and Previous Surgery: ( ) Heart ( ) Diabetes ( ) Seizures ( ) HTN ( ) GI  
 ( ) Thyroid ( ) Neuro ( ) EENT ( ) Musculoskeletal ( ) Cancer ( ) GU ( ) Pulmonary / Respiratory  
 ( ) Vascular ( ) Psychological / Mental

Explain \_\_\_\_\_

Ever had a blood transfusion? ( ) Yes\* ( ) No \*If yes, when: \_\_\_\_\_

**Social / Environmental Assessment:**

1. Patient lives: ( ) Alone ( ) With family ( ) At home ( ) Nsg home ( ) With S/O  
 2. Habits: ( ) Tobacco \_\_\_\_\_  
 ( ) Alcohol \_\_\_\_\_  
 ( ) Recreational Drugs \_\_\_\_\_

3. Education: Last grade in school attended: (please circle)  
 1 2 3 4 5 6 7 8 9 10 11 12 College: 1 2 3 4 5+  
 Can read? ( ) Yes ( ) No  
 Can write? ( ) Yes ( ) No

4. Is Home Health involved in your Care? ( ) Yes ( ) No

5. Abuse / Neglect / Exploitation Screen

Yes	No	Questions	Yes	No	Observations
( )	( )	Do you feel unsafe in your home?	( )	( )	Evidence of neglect by self?
( )	( )	Are you afraid of anyone?	( )	( )	Evidence of neglect by caretakers?
( )	( )	Have you ever been physically, sexually or emotionally abused?	( )	( )	Evidence of abuse by self or others?
( )	( )	Within the past year, have you ever been hit, slapped, kicked, or otherwise physically hurt?			
( )	( )	Have you ever been touched in a manner that makes you feel uncomfortable?			

**If yes is checked on any of the above items, consult Police, Social Services and notify the MD.**

Social Services Contact: \_\_\_\_\_ Time: \_\_\_\_\_

**Physical Assessment (Must be completed by an RN)**

**SKIN ASSESSMENT:**

Skin

Color Impairment: ( ) None ( ) Pallor  
 ( ) Flushed ( ) Cyanosis ( ) Jaundice  
 ( ) Other \_\_\_\_\_

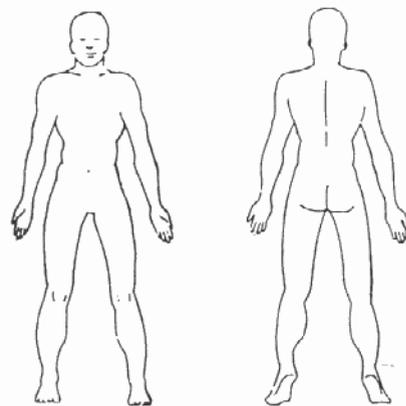
Temperature: ( ) Warm ( ) Hot ( ) Cool

Turgor: ( ) Good ( ) Fair ( ) Poor

Impairment of Skin: ( ) Yes\* ( ) No

\*If yes, describe / mark location on diagrams:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



Oral / Dental / Nasal

Teeth Condition: ( ) Good ( ) Fair ( ) Poor ( ) N/A

Dentures: ( ) Upper ( ) Lower ( ) Partial ( ) Complete  
 ( ) With Patient ( ) Not with Patient

Gums: ( ) Pink ( ) Pale ( ) Inflamed ( ) Bleeding  
 ( ) Moist ( ) Dry

Nose: ( ) Nosebleeds ( ) Drainage ( ) No problems  
 Describe \_\_\_\_\_

Hygiene

Bathing: ( ) Minimal Assist ( ) Partial Assist ( ) Complete

Condition on arrival: \_\_\_\_\_

Oral Hygiene: ( ) Self ( ) Assist ( ) Complete Condition on arrival: \_\_\_\_\_

Hair Condition: \_\_\_\_\_

Neuro Status

( ) Conscious ( ) Semiconscious ( ) Unconscious
( ) Alert ( ) Oriented to: ( ) Person ( ) Place ( ) Time
Weakness / Paralysis: ( ) None ( ) Left Arm ( ) Right Arm ( ) Left Leg ( ) Right Leg
Range of Motion: ( ) Independent ( ) Requires Assistance

Pupils / Eyes

Pupils: ( ) Equal ( ) Unequal: R < L or L < R ( ) Reactive ( ) Nonreactive: R L
Eyes: ( ) Drainage: R L Describe: \_\_\_\_\_

Vision

( ) Adequate ( ) Decreased: R L ( ) Blind: R L ( ) Cataracts: R L ( ) Prosthesis: R L
( ) Glasses / Contacts: ( ) With Patient ( ) Not with Patient

Speech / Swallowing

Speech: ( ) Clear ( ) Easily Understood ( ) Slurred ( ) Partially Understandable
( ) Cannot be Understood
Swallows: ( ) Without Difficulty ( ) With Difficulty ( ) Chokes on Saliva ( ) Chokes on Liquids
( ) Chokes on Solids

Hearing / Ears

Hearing: ( ) Adequate ( ) Decreased: R L ( ) Hearing Aid: R L ( ) With Patient
( ) Deaf: R L ( ) Uses Sign Language ( ) Reads Lips ( ) Communicates through writing
Ears: Drainage: R L Describe: \_\_\_\_\_

Mobility

( ) Independent ( ) Needs Minimal Assist ( ) Needs Significant Assist ( ) Requires Total Assist
( ) Uses Crutches ( ) Uses Walker ( ) Uses Wheelchair ( ) Uses Cane
( ) With Patient ( ) Not with Patient
( ) Uses Limb Prosthesis ( ) With Patient ( ) Not with Patient

Respiratory / Cardiovascular

Respiratory Problems: ( ) None ( ) Wheezing ( ) Stridor ( ) Dyspnea ( ) Hemoptysis
( ) Cough ( ) Nonproductive ( ) Productive Describe: \_\_\_\_\_
Duration: \_\_\_\_\_
( ) Dyspnea ( ) Exertional ( ) At Rest
( ) Irregular Breathing Pattern: \_\_\_\_\_
Breath Sounds: \_\_\_\_\_

Aids to Respiration: ( ) None ( ) Oxygen at Home: Amt. / Del. Method \_\_\_\_\_
Neb Tx's at Home ( ) Suctioning ( ) Tracheostomy ( ) Other \_\_\_\_\_

Cardiovascular Problems: ( ) None ( ) Chest Pain - Frequency / Duration / Precipitating & Alleviating Factors: \_\_\_\_\_

( ) Cyanosis ( ) JVD ( ) Irregular Pulse / Rhythm Other \_\_\_\_\_

Cardiovascular Aids: ( ) Pacemaker: ( ) Demand ( ) Fixed Rate
( ) Implanted Defibrillator ( ) Other \_\_\_\_\_

Elimination

Bowel Status:

Table with 4 columns: LUQ, RUQ, LLQ, RLQ and 4 rows: Bowel Sounds: Present, Absent, Hyperactive, Hypoactive

Frequency of BM: ( ) Daily ( ) BID ( ) QOD Other: \_\_\_\_\_
( ) Formed Stool ( ) Constipation ( ) Diarrhea: Color: \_\_\_\_\_

Date of last BM: \_\_\_\_\_

Bowel Problems: ( ) None ( ) Pain ( ) Flatulence ( ) Change in Bowel Habits
( ) Bloody Stools ( ) Rectal Drainage ( ) Incontinence ( ) Hemorrhoids ( ) Other \_\_\_\_\_

Abdomen: ( ) Soft ( ) Firm ( ) Tender ( ) Non-Tender ( ) Distended ( ) Non-Distended

Urinary Status:

Problems: ( ) None ( ) Cloudy Urine ( ) Foul Smell ( ) Dysuria ( ) Hematuria ( ) Nocturia
( ) Incontinence ( ) Stress ( ) Constant ( ) Urgency / Frequency ( ) Retention ( ) Burning
( ) Pain Other: \_\_\_\_\_

( ) Ostomy ( ) Self Cath: Frequency \_\_\_\_\_

( ) Indwelling Foley - date last changed: \_\_\_\_\_ ( ) Palpable Bladder

Female

Currently Pregnant: ( ) Yes ( ) No ( ) NA  
 ( ) Menses Problems: \_\_\_\_\_  
 Date of last Menstrual Period: \_\_\_\_\_  
 \_\_\_\_\_  
 ( ) Vaginal Discharge: \_\_\_\_\_

Male

( ) Prostate Problems  
 ( ) Problems establishing Urine Stream  
 ( ) Penile Discharge: \_\_\_\_\_  
 ( ) Hx STDs: \_\_\_\_\_  
 Other: Male / Female: \_\_\_\_\_

Comfort / Rest / Sleep

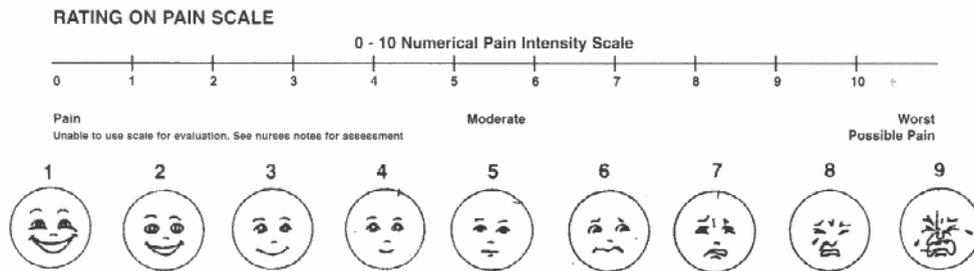
Sleep

( ) No Problems ( ) Awakens Frequently ( ) Unable to Fall Asleep Easily  
 ( ) Requires Sleeping Medication - Med / Dose / Frequency \_\_\_\_\_  
 Avg. # Hrs. Slept Each Night \_\_\_\_\_ # Pillows used \_\_\_\_\_

Comfort / Pain

Is the patient currently having pain or admitted with a pain related diagnosis? ( ) Yes ( ) No  
**If yes, complete this section.**

Intensity (circle appropriate pain intensity level)



Location: \_\_\_\_\_  
 Duration: \_\_\_\_\_ ( ) Continuous ( ) Intermittent  
 ( ) Chronic - > 6 months ( ) Acute - < 6 months  
 Type: ( ) Ache ( ) Sharp ( ) Dull ( ) Shooting ( ) Stabbing ( ) Burning ( ) Pressure  
 ( ) Cramping ( ) Other: \_\_\_\_\_  
 Relieved by: ( ) Rest ( ) Heat ( ) Cold ( ) Position ( ) Activity  
 ( ) Meds: \_\_\_\_\_ ( ) Other: \_\_\_\_\_  
 Aggravated by: \_\_\_\_\_  
 Do you have any personal, cultural, spiritual and/or ethnic beliefs that may affect the way your pain is treated?  
 ( ) Yes ( ) No If yes, explain: \_\_\_\_\_

Psychological Status

Body Image / Self Concept Problems: ( ) None Identified at this time ( ) Signs / Symptoms of Depression  
 ( ) Suicidal Ideations ( ) Other: \_\_\_\_\_  
 Observation of Patient Behavior / Interaction: ( ) Cooperative ( ) Anxious ( ) Withdrawn ( ) Restless  
 ( ) Calm ( ) Uncooperative ( ) Unresponsive  
 Spiritual Needs: ( ) Yes ( ) No Requests Minister, etc. be notified: ( ) Yes ( ) No  
 Minister's Name / Phone No. \_\_\_\_\_

Discharge Needs

( ) Housing ( ) Physical Care ( ) Housekeeping ( ) Meals ( ) Finances ( ) Transportation  
 ( ) Home Health ( ) Nursing Home Placement ( ) None Identified at this time  
 ( ) Discharge Planner Notified

Plan of Care Reviewed with:

( ) Patient ( ) Family ( ) Significant Other

Other Notes: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Signature / Title of Nurse Collecting Data \_\_\_\_\_

Date / Time \_\_\_\_\_

Signature / Title of Nurse Performing Assessment \_\_\_\_\_

Date / Time \_\_\_\_\_

## FALL RISK ASSESSMENT

	SCORE	
Confused, disoriented, hallucinating, combative	20	
Unstable gait, weakness	20	
Hx of syncope, seizures, postural hypotension	20	
Recent hx of falls	20	
Use of restraints	20	
Paralysis, hemiplegia, stroke, TIA	15	
Post-op condition, sedated	10	
Impaired vision	10	
Drug or alcohol withdrawal	10	
Use of walker, cane (other assistive aids)	10	
Narcotics, diuretics, antihypertensives, hypnotics, tranquils, poly-pharmacy (more than 5 scheduled meds)	10	
Bowel, bladder urgency, incontinent	10	
Equipment with risk for entanglement (IV's, O2, feeding tubes, etc.)	10	
Age 70 or above	10	
Age 12 or below	5	
Language barrier	5	
Poor hearing	5	
<b>SCORE</b>		
<b>High Risk Interventions Implemented (Initial)</b>		

A score of **35** or above may indicate the patient is at high risk for falling. These patients at high risk for fall shall have the following interventions implemented. Nursing shall monitor these at least every 2 hours.

- Visually observe patient every 2 hours. If awake, offer comfort measures and toileting.
- Instruct patient and/or family to ask for assistance for any patient activities.
- All items for patient's use will be within easy reach.
- Reassess for safe footwear.
- Reinforce use of assistive devices, if used.
- Reassess for a clutter free, well-lit environment.
- Re-orient and repetitively reinforce use of call bell. Ensure it is within reach.
- Consider a room closer to the nursing station.
- Utilize the Bed Check Alarm System / chair alarms.
- Utilize high-risk identification including green dots on wristband, door chart and near room number on the nurse call system.

