

UNIVERSITY MEDICAL CENTER
THE CENTER FOR
AMBULATORY SURGERY
PLAN OF CARE

AFFIX PATIENT INFO LABEL HERE

PRE-ADMISSION COMMUNICATION

Pre-op visit Date: _____ No pre-op call per MD
 Pre-op call Unable to reach

Patient Name _____ MR# _____

Significant other contacted: _____ Answering machine

Impaired communication _____ N/A

Aware of NPO

_____ _____ Instructed to leave valuables / jewelry at home _____ _____ Aware of parking/directions to hospital

_____ _____ Aware of scheduled OR Time / Arrival time _____ _____ Has arranged for transport home

_____ _____ Morning of surgery meds on hold _____ _____ Two forms of ID

Morning of surgery meds to be held: _____

Morning of surgery meds to be taken: _____

Additional Instructions: _____

PAT R.N. Signature: _____ Date: _____ Time: _____ am/pm

DAY R.N. Signature: _____ Date: _____ Time: _____ am/pm

Alternative instructions given _____

ADMISSION TO SAME DAY SURGERY

Reason for admission: _____

Date: _____ Time: _____ am/pm Male Female Age: _____

Height: _____ Weight: _____ lbs. Head circumference under 1 year _____

Has advance directive disposition, if yes, Health Care Rep. Name: _____ Phone#: _____

NPO/p Midnight Yes No Explain: _____

Anxiety level Mild Moderate Severe Unable to evaluate Explain: _____

Special Health Considerations: Recent exposure to communicable disease: _____

Arthritis Cardiac ASHD MI PVD LMP _____ N/A Rh _____ N/A

CVA Hepatitis Hypertension Glaucoma COPD Diabetes _____ Asthma Bronchitis

GERD Depression Anemia Dialysis last Rx _____ Chest Pain/Angina Seizures

Cancer: _____

Tobacco: Yes No How Long?: _____ Type: _____ Amount: _____

Quit: (when) _____

Alcohol Yes No type: _____ Amount of drinks per day: _____ Last Drink: _____

Recreational Drugs Yes No type: _____ Amount: _____ Last Use: _____

Other: _____

Surgical History: N/A Yes: _____

Anesthesia Problems: N/A No Yes: Family Hx of anesthesia problems _____

ADMISSION NURSING ASSESSMENT

STO

Patient Name _____ MR# _____

MEDICATIONS/ALTERNATIVE MEDS/HERBAL REMEDIES/VITAMINS

| Name or Purpose | Dose/Route/Frequency | Last Dose |
|-----------------|----------------------|-----------|
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Special Dietary needs/restrictions _____

ALLERGIES: Denies Latex Contrast Dye Food: _____

Medications: _____

Other: _____

Explain Reaction: _____

Birth Hx: (Ped. Patients) Full term Premature Complications: _____

Present weight: _____ Immunizations: Up to date Other Explain: _____

Physical/Sensory Disabilities None Other: _____

Prosthetic Devices: None Other: _____ Hearing Aid: N/A Left Right Disposition: _____

Eyeglasses: N/A Yes Disposition: _____ Contact Lenses: N/A In Out Disposition: _____

Dentures/Bridges: N/A Full Partial Upper Lower Left Right Disposition: _____

Caps/Loose Teeth: N/A Yes Location: _____

Body piercing: Sites: _____

Personal Property (Disposition): _____

Pre-op Teaching Done _____

Post-op Teaching Done _____

Pain Management Plan _____

Developmental Assessment Done _____

Plan of Care Individualized Based on Nursing and patient history _____

Age Specific Assessment Done _____

Special Needs/Cultural Considerations: _____

ADMISSION NURSING ASSESSMENT

0 None 1-3 Mild 4-7 Moderate 8-10 Severe

AFFIX PATIENT INFO LABEL HERE

Patient Name _____ MR# _____

PAIN HISTORY ASSESSMENT:

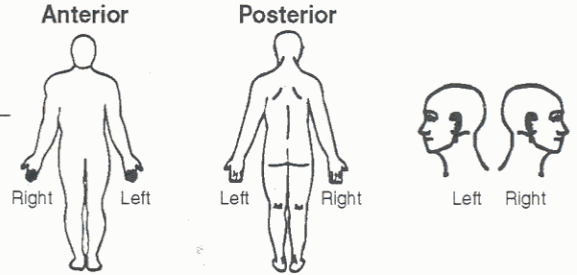
Do you have pain now? Yes No Intensity: _____
 Describe: _____
 Have you had pain in the last several weeks or months? Yes No Intensity: _____
 Describe: _____
 Is your pain related to your admission today? Yes No
 How do you express pain? _____
 What pain medications has or has not relieved your pain in the past? _____

If current or past pain intensity ≥ 4 , continue with pain assessment.

LOCATION OF PAIN: Mark site with letter A or B if more than one site

PAIN SITE:

Location of Pain _____
 Appearance of Pain Site _____
 Worst Pain Felt (Intensity Score) _____
 Least Pain Felt (Intensity Score) _____
 Qualities (ache, dull, burn, sharp, etc.) _____



ONSET/DURATION:

When did your pain begin? _____
 How long is the pain episode? _____
 Is it constant or does it come and go? _____
 Does the pain radiate? If yes, where _____
 What causes or increases the pain? _____
 What relieves the pain? _____

 What accompanies the pain? (dizziness, nausea, anxiety, etc.) _____
 Do you feel pain interferes with your everyday life/activities? If yes, How? _____

PATIENT/FAMILY GOALS

Complete Relief Acceptable level of pain _____
 Other _____

PRE-OP CHART VERIFICATION

| | | | | | | |
|---|------------------------------|-----------------------------|------------------------------|-------------------------------------|-----------------------------|------------------------------|
| I.D bracelet on: name & number verified | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Type & screen on chart | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> N/A |
| Consent #1 signed and in chart | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Urinalysis results on chart | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> N/A |
| Consent #2 signed and in chart | <input type="checkbox"/> Yes | <input type="checkbox"/> No | EKG report on chart | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> N/A |
| H & P completed on form & in chart | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Chest x-ray report on chart | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> N/A |
| Pre-operative diagnosis on chart | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Abnormal P.A.T. results | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> N/A |
| CBC/H&H results on chart | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> N/A | Abnormal results reported to: _____ | | |
| PT / PTT / INR | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> N/A | Pre-op orders completed & charted | | |
| Electrolyte results on chart | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> N/A | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> N/A |

Outcome: Patient properly prepared for surgery. Verbalizes understanding of plan of care. Preprocedure assessment complete.

_____ R.N., D.A.R. Signature

Comments: _____

PAIN HISTORY ASSESSMENT

POST-OPERATIVE RECORD

Time received from PACU: _____

Dressing: No Yes Site: _____

Drainage No Yes Scant Mod. Large

Drain: None D/C'd Intact on Discharge Drainage Color: Serous Sero-sanguineous

Wound: Edges approximated

Dressing N/A

Pain: Related to surgical procedure

Unrelated to surgical procedure

Pre-existing condition

AFFIX PATIENT INFO LABEL HERE

Patient Name _____ MR# _____

| TIME | V/S | B/P | TEMP. | PULSE | RESP. | Pain Intensity |
|------|-----------|-----|-------|-------|-------|----------------|
| | Pre-Op | | | | | |
| | | | | | | |
| | Post-Op | | | | | |
| | | | | | | |
| | | | | | | |
| | Discharge | | | | | |

ASSESSMENT

EVALUATION/FOLLOW-UP

| Time | Pain Site | Pain Score | Medication/Treatment | Dose | Route | Initial | Time | Pain Site | Pain Score | Comments | Initial |
|------|-----------|------------|----------------------|------|-------|---------|------|-----------|------------|----------|---------|
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |

Alert and Oriented: Yes No Other: _____

Tolerating Oral Fluids: Yes No N/A Tolerating Food: Yes No N/A

Voiding: Yes No

Other: _____ V/S Consistent with Pre-Op Levels: Yes No

Skin Integrity: _____ Cane Post-op shoe Crutches Ice Pack Sling Other: _____

Prescription given Written post-op instructions given

Outcome: Patient has good post operative pain control. Patient ready for discharge.

Discharge planning contacted for: _____

R.N., C.A.S. Signature

Verbalized and demonstrated understanding of discharge instructions Yes No Other: _____

Mode of Discharge: Ambulatory W/C Carried Discharged with: _____

Via Private Car HMC Transport Other: _____ Escorted By: _____

Discharged to: Home HMC Other: _____ Discharge Time: _____ am/pm

Signature: _____ R.N. _____ R.N.

PROGRESS RECORD

Time: _____ AM/PM

POST-OPERATIVE TELEPHONE FOLLOW-UP Phone: _____ Patient requests no post-op phone call to be made

Date: _____ Time: _____ am/pm

Pain: None Mild Mod. Severe

Temp Elevation Yes No

Vomiting Yes No

Nausea Yes No

Cough Yes No

Dizziness Yes No

Other: _____

Comments: _____

R.N. Signature

SECONDARY POST-OPERATIVE FOLLOW-UP

N/A Yes Date: _____ Time: _____ am/pm

Comments: _____

R.N. Signature

DISCHARGE OUTCOMES