

Your  
Hospital's  
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Street Address  
City, State Zip

# PATIENT INFORMATION & INSTRUCTIONS

## Computed Tomography / Positron Emission Tomography PET / CT

### INFORMATION ABOUT YOUR PET / CT SCAN

1. Your PET / CT scan will be performed at **THIS HOSPITAL**.
2. The date of your PET / CT scan is \_\_\_\_\_. The time of your PET / CT scan is \_\_\_\_\_  AM  
 PM
3. Please arrive thirty (30) minutes before your appointment.
4. If you have had a CT or MRI scan performed somewhere other than **THIS HOSPITAL**, please bring those films with you on the day of your PET/CT scan.
5. If you are taking diuretics, do not take your diuretic medications the day of your PET/CT scan.
6. If you have any questions about your PET/CT scan, please call ( 2 0 2 ) 2 6 9 - 7 1 8 0 .

### INSTRUCTIONS FOR YOUR PET / CT SCAN

#### ***Non - Diabetic Patient***

Do NOT eat or drink anything for four (4) hours before your PET / CT scan except water. Take your prescribed medications.

**Cardiac Viability** - patient must eat a full meal two (2) hours prior to PET / CT scan. Meal should be high in carbohydrates, protein, sugar & caffeine. For example:

**Breakfast** - pancakes with syrup, coffee with sugar, juice.

**Lunch** - pasta & meatballs, pizza, rice & vegetables, soda, plus dessert.

**Seizure Disorder** - patient may take scheduled medications if tolerated on an empty stomach. In addition, refer to diabetic or non-diabetic instructions as noted.

#### ***Diabetic Patient***

Diabetic patients should follow their regular regimen (ie, taking insulin with a meal).

**Oral Medication** - patient may eat a light breakfast & take morning medications (including oral diabetic medication). Afterwards, do NOT eat or drink anything except water four (4) hours before your PET / CT scan.

**Insulin Dependent** - patient may eat a light breakfast & take their morning medications (including oral diabetic medication). Afterwards, do NOT eat or drink anything except water four (4) hours before your PET / CT scan. Bring your medications with you to your appointment.

### ADDITIONAL INSTRUCTIONS