

CLINICAL PATHWAYTotal Hip Arthroplasty

PATIENT IDENTIFICATION

Diagnosis:		Initiating UNIT:	Initia DAT			S NO : 209 LENG	TH OF STAY: 5.0
	DAY 1 Pre-Op	DAY 1 or / PACU	DAY 1 Post-Op on UNIT:	DAY 2 POD #1	DAY 3 POD #2	DAY 4 POD #3	DAY 5 POD #4
ACTIVITY		☐ Bed rest	☐ Bed rest	OOB in Chair (BID)	OOB in Chair (BID) Ambulation / Transfer with assistive devices as tolerated	OOB in Chair (BID) Demonstration of ADL's Ambulation in room w/ assistive devices	OOB in Chair (BID) Demonstration of ADL's Ambulation in room w/ assistive devices
TEST SPECIMENS	SMA7 CBC PT PTT U/A CXR EKG PREAL-BUMIN	☐ CBC (Post-Op in PACU) [Call H.O if H&H < 8&26] ☐ Radiographs of hip	Review results of CBC [Call H.O. if H&H < 8&26]	☐ CBC [Call H.O. if H&H < 8&26] ☐ PT / INR (1-2 goal INR) if on Coumadin	☐ CBC [Call H.O. if H&H < 8&26] ☐ PT / INR (1-2 goal INR) if on Coumadin ☐ Stool for guaiac if on Lovenex	☐ CBC [Call H.O. if H&H < 8&26] ☐ PT / INR (1-2 goal INR) if on Coumadin ☐ Stool for guaiac if on Lovenex	☐ PT / INR (1-2 normal INR) if on Coumadin ☐ Stool for guaiac if on Lovenex
DIET	□NPO	□NPO	Advance Diet as tolerated	Advance Diet as tolerated	Advance Diet as tolerated	☐ Diet as tolerated	☐ Diet as tolerated
MEDS	☐ Maintenance meds as per anesthesiologist and/or physician. ☐ Prophylactic antibiotics as prescribed	Anesthesia	☐ Coumadin at 1800 Hours if prescribed. (Notify Anesthesia before giving Coumadin). ☐ Maintenance drugs as prescribed. ☐ Antiemetric prn ☐ Laxative/Stool softener ☐ PAIN MANAGEMENT: ☐ As per Anesthesia if epidural catheter -OR-☐ As per MD order	☐ Coumadin at 1800 Hours if prescribed. (Notify Anesthesia before giving Coumadin). ☐ Lovenox BID if prescribed and no Epidural ☐ Maintenance drugs as prescribed. ☐ Antiemetic prn ☐ Laxative/Stool softener PAIN MANAGEMENT: ☐ As per Anesthesia if epidural catheter -OR-☐ As per MD order	☐ Coumadin at 1800 Hours if prescribed. (Notify Anesthesia before giving Coumadin). ☐ Lovenox BID if prescribed and no Epidural ☐ Maintenance drugs as prescribed. ☐ Antiemetic prn ☐ Laxative/Stool softener PAIN MANAGEMENT: ☐ Consider d/c epidural catheter and initiate PO pain management (Notify surgeon if epidural not D/C)	☐ Coumadin at 1800 Hours if prescribed. (Notify Anesthesia before giving Coumadin). ☐ Lovenox BID if prescribed ☐ Maintenance drugs as prescribed. ☐ Antiemetic prn ☐ Laxative/Stool softener PAIN MANAGEMENT: ☐ D/C epidural catheter + initiate PO pain management	Antiemetic prn Laxative/Stool softener PAIN MANAGEMENT: PO pain management

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TREATMENTS		q 2 hr ☐ Place foot of bed and knee gatched ☐ Ice to operative site ☐ Drsg to operative site ☐ Pneumatic compression device ☐ TEDS ☐ Abduction pillow	☐ Abduction pillow ☐ Auto transfusion as per order and convert to Hemovac post transfusion ☐ Incentive Spirometry q 1 hour while awake	☐ Maintain hip precautions	□ I & O □ Cough & deep breath □ Turn + reposition q 2 hr □ Place foot of bed and knee gatched □ Ice to operative site □ Pneumatic compression device □ TEDS □ Abduction pillow □ Dressing change □ D/C Hemovac □ D/C Foley □ Evaluate need for laxative □ Call MD for Temp > 101F □ Maintain hip precautions	☐ Cough & deep breath ☐ Place foot of bed and knee gatched ☐ Pneumatic compression device ☐ TEDS ☐ Abduction pillow ☐ Evaluate need for laxative ☐ Call MD for Temp > 101F ☐ Maintain hip precautions	Cough & deep breath Place foot of bed and knee gatched Pneumatic compression device TEDS Abduction pillow Evaluate need for laxative Call MD for Temp > 101F Maintain hip precautions
IVS	As per Anesthesia	☐ IV as per order	☐ IV as per order & convert to saline lock once tolerating PO	☐ IV as per order & convert to saline lock once tolerating PO			
VITAL SIGNS	Per protocol	☐ Per protocol	☐ As ordered	☐ As ordered	☐ As ordered	☐ As ordered	☐ As ordered

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PHYSICAL & OCCUPA-TIONAL THERAPY			Physical & Occupational Therapy consult requested	□ PT - Initiate bedside exercises (quadriceps, sets, gluteal sets, ankle pumps and SLR) □ Reinforce hip precautions □ OOB to chair with transfer training □ OT - ADL Training. Assess adaptive equipment needs, and functional training with progression to highest functional level.	☐ PT - initiate gait training, with appropriate device & level of assistance, transfer training, and exercises (quadriceps, sets, gluteal sets, ankle pumps and SLR, AROM /AAROM, knee flexion + terminal knee extension) ☐ OT - ADL Training, progress to highest functional level ☐ Ambulation with standard walker with appropriate level of assistance. Progress level of assistance and distance as appropriate.	☐ PT - Gait training, transfer training, and exercises (quadriceps, sets, gluteal sets, ankle pumps and SLR, AROM /AAROM, knee flexion + terminal knee extension) ☐ OT - ADL Training, progress to highest functional level ☐ Ambulation with standard walker with appropriate level of assistance. Progress level of assistance and distance as appropriate.	□ PT - Gait training, transfer training, and exercises (quadriceps, sets, gluteal sets, ankle pumps and SLR, AROM /AAROM, knee flexion + terminal knee extension, stairs). □ OT - ADL Training, progress to highest functional level □ Ambulation with standard walker with appropriate level of assistance. Progress level of assistance and distance as appropriate. P.TPT will demonstrate the following: □ AROM/AAROM knee flexion (60-80 degrees or according to MD) □ Independence in functional transfer and activities □ Independence in ambulation and std walker on level surfaces (100ft) and stairs
TEACHING	☐ Encourage Pre-Op TJA class attendance ☐ Did Pt attend Pre- op TJA class?YN ☐ Pre-Op & Post-Op care	☐ Discuss pain management (pain scale) & side effects ☐ Teach ankle pumps ☐ Explain treatments	☐ Discuss pain mgmnt (pain scale) & side effects ☐ Teach ankle pumps ☐ Explain treatments	☐ Reinforce education from DAY 1 ☐ Explain rationale for physical therapy + need for patient participation ☐ Teach fall prevention (Hospital based + home based precautions).	☐ Continue to reinforce education from DAY 1 + DAY 2. ☐ Teach signs + symptoms to report (signs of wound infection, DVT, Temp>101F, unrelieved knee pain, neurovascular changes). ☐ Teach PO pain mgmnt	Reinforce education from DAYs 1, 2 & 3. Teach methods to prevent infection of prosthesis (prophylactic antibiotics prior to dental work or out patient surgery, and prompt treatment of systemic infections)	☐ Reinforce education from DAYs 1, 2, 3 & 4. ☐ Discharge instructions

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DISCHARGE PLANNING	Assess Living Situation 1. Functional & Clinical Status 2. Supportive Systems 3. Community Services		Assess Living Situation 1. Functional & Clinical Status 2. Supportive Systems 3. Community Services	Situation 1. Functional & Clinical Status 2. Supportive Systems 3. Community Services DISCHARGE DISPOSITION 1. Assisted Living or OTHER REHAB FACILITY ☐ Input Rehab Benefits ☐ Initiate Medicaid Application (if appropriate) ☐ Complete Referral ☐ Target D/C date completed ☐ Rehab assessment completed ☐ Assisted Living decision completed, or: 2. HOME ☐ Input Home Care Benefits ☐ Initiate Referrals ☐ Confirm target D/C date ☐ Coordinate Discharge Arrangements	Assess Living Situation 1. Functional & Clinical Status 2. Supportive Systems 3. Community Services DISCHARGE DISPOSITION 1. Assisted Living or OTHER REHAB FACILITY Input Rehab Benefits Initiate Medicaid Application (if appropriate) Complete Referral Target D/C date completed Rehab assessment completed Assisted Living decision completed, or: 2. HOME Input Home Care Benefits Initiate Referrals Confirm target D/C date Coordinate Discharge Arrangements	□ Assess the following: 1. Review / Rehab Clinical Progress 2. Adjust / Update Plans as appropriate 3. Finalize Discharge Arrangements DISCHARGE DISPOSITION 1. Assisted Living or OTHER REHAB FACILITY □ Assisted Living Forms on Chart □ Nursing Transfer Form Completed □ MIMR Screen □ Medical Record copied or: 2. HOME □ Home Care Form completed (MD,CN,CM) □ Equipment □ Supplies □ Services □ Agencies □ Medications □ Transportation arranged □ Discharge order obtained □ Discharge Instruction Form completed (MD, CN, CM)	Assess the following: 1. Review / Rehab Clinical Progress 2. Adjust / Update Plans as appropriate 3. Finalize Discharge Arrangements DISCHARGE DISPOSITION 1. Assisted Living or OTHER REHAB FACILITY Assisted Living Forms on Chart Nursing Transfer Form Completed MIMR Screen Medical Record copied Medical Record dictated DC summary completed (before 1500) Discharge order obtained Transportation arranged Report to CM by Clinical Nurse, or: 2. HOME Home Care Form completed (MD,CN,CM) Equipment Supplies Services Agencies Medications Transportation arranged Discharge order obtained Discharge order obtained Discharge Instruction Form completed (MD, CN, CM)
EVALUATION	Init'ls	Init'ls	Initials	Initials	Initials	Initials	Initials
	Unit	Unit	Unit	Unit	Unit	Unit	Unit

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