

Your
Hospital's
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INSTRUCTIONS FOR PATIENTS HAVING IN & OUT SURGERY

NAME:		DOCTOR:	
DAY OF SURGERY:	DATE:	TIME OF SURGERY:	(Military Time)

Please report to the OPERATING SUITES (1st Floor) no later than _____. There are necessary preparations that must be done and we want you here in plenty of time so you can relax before going into surgery.

IMPORTANT REMINDERS

1. Do not eat or drink anything after midnight the night before your surgery or the morning of surgery. No breakfast – no water – no candy – no chewing gum. Nothing! The only exception may be certain medications which are written below.

2. You will need someone to drive you home after your surgery. If you intend to take a taxi, you still must have someone with you. Your escort needs to be an adult (over 18 years old) who is physically able to assist you.
3. Please arrange to have someone stay at your home with you for the first 24 hours after surgery.
4. Wear comfortable clothes. Appropriate clothing to wear after your operation might be _____

5. Leave jewelry and valuables at home. The hospital will provide a bathrobe, gown and slippers to use while here.
6. Please remember to bring a case for contact lenses or eye glasses if you use these items. If needed, we will provide a denture cup.
7. If you normally wear make up, we ask that you wear a minimal amount on the day of surgery.
8. Try to cut down or eliminate smoking for several days before surgery.
9. Bring all of your medications with you. We need to know what medications you take. Your doctor may want you to take some of your own pills before you go home.
10. Remember to bring your insurance cards or forms with you.
11. If you have a cold, cough or do not feel well on the day of your surgery, please call your doctor & the IN AND OUT SURGERY (202) 555-1212 before leaving your home.
12. Do you have any special needs or concerns that we should know about? We want your stay to be as pleasant as possible. _____

If you have any questions concerning your surgery, please call your surgeon. You may call and talk to one of the nurses at IN AND OUT SURGERY (202) 555-1212. We are here Monday through Friday from 6:00am to 7:00pm, and until 3:00pm on Saturday.

PATIENT SIGNATURE

STAFF SIGNATURE / TITLE