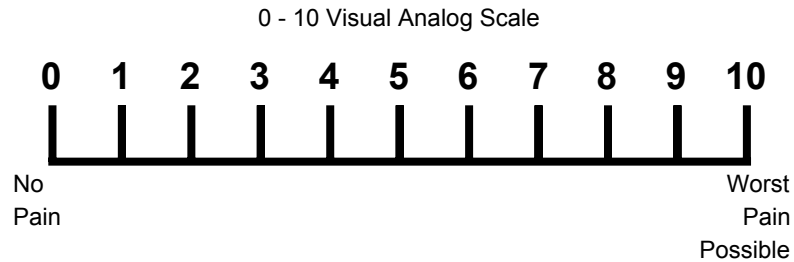


## General Information About Pain Management

Patients are asked to rate their pain on a scale of 0 - 10:



### Here are additional ways you can help:

1. If a person comes into the main lobby and appears to have pain (for example, is bending over, has difficulty walking, or is grimacing), offer to assist that patient by getting them a wheelchair.
2. If a person comes to register for a test and is standing in line, and you notice that he / she is having difficulty, ask if you can assist them first, or have them sit down. Make taking care of them a priority.
2. If you are in a patient's room for any reason, and you overhear a person crying, ask if you can help them. If they tell you they are in pain (or even if they insist they are OK), notify the nursing staff immediately.

If you would like more information regarding pain management, please contact the Nurse Manager on the nursing unit.

Your  
Hospital's  
Logo  
Here

# Pain is Everyone's Business

## *A Brief Pain Management Overview for Employees*

# Pain management is a very important part of our care at Your Hospital.

**Always report patient's complaints of pain to the appropriate person immediately**

This includes those who make contact with patients on a regular basis.

- Nursing Personnel
- Rehabilitation Personnel
- Clinical / Environmental Support Personnel
- Unit Secretaries
- Case Management
- Nutrition Services
- Central Registration Personnel
- Pastoral Care
- Phlebotomists

And others you might not think of:

- Housekeeping
- Maintenance and Engineering
- Security
- Volunteers

## What can you do to help?

1. Always acknowledge patient's complaints of pain and report them immediately.
2. Observe for non-verbal signs of pain - for example, their facial expressions - and acknowledge their discomfort.
3. Always ask patients: "Are you OK?"

You do not need a doctor's order to:

- Adjust the air conditioning
- Reduce the noise level
- Avoid odors
- Provide blankets and pillows
- Reassure patients
- Change the TV channel
- Adjust lighting in the room
- Close a door
- Hold a hand

Always check first with a nurse before:

- Applying a warm or cool cloth
- Providing any food or beverage
- Giving a back rub
- Repositioning a patient