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# PHYSICIAN'S ORDER SHEET

**ALL ORDERS WILL BE FULFILLED UNLESS CROSSED OUT  
AFTER EACH ORDER IS PROPERLY CHECKED, FAX ORDER SHEET  
TO PHARMACY WHETHER OR NOT ORDERS INVOLVE MEDICATION.**

PATIENT IDENTIFICATION	Check (✓) Each Order As Transcribed	Check (✓) Pharmacy Orders	<b>PATIENT SAFETY ORDER</b>	
			Physician (Print): _____	
			DATE:	TIME: _____ ( Military Time )
			Face-to-Face evaluation done by MD	<input type="checkbox"/> Yes <input type="checkbox"/> No
			Alternative measures considered / attempted by Nursing Staff	<input type="checkbox"/> Yes <input type="checkbox"/> No
			<b>INDICATION (Check 1 Box ONLY)</b>	
			<input type="checkbox"/> Patient interference with medical treatment (24 hr time limit order) (A) tubes, IV lines, etc. (B) "wandering" / elopement <input type="checkbox"/> Risk for Falls <input type="checkbox"/> Behavior Management EMERGENCY CRISIS (4 hr time limit order) <input type="checkbox"/> Patient is violent or aggressive <input type="checkbox"/> Patient is a serious danger to self / others	
			<b>TYPE OF RESTRAINT (Check ALL that apply)</b>	
			<input type="checkbox"/> Soft Wrist Restraints <input type="checkbox"/> Tuff Cuffs <input type="checkbox"/> Vest <input type="checkbox"/> Leather (ED Only) <input type="checkbox"/> Hand Mitts <input type="checkbox"/> Plastic (ED & Seton House Only) <input type="checkbox"/> Torso Support <input type="checkbox"/> Roll Belt	
			<b>BODY PART TO BE RESTRAINED (Check ALL that apply)</b>	
		<input type="checkbox"/> Left Leg <input type="checkbox"/> Torso <input type="checkbox"/> Right Leg <input type="checkbox"/> Left Wrist <input type="checkbox"/> Right Wrist		
		<b>TIME PERIOD OF RESTRAINT</b>		
		<b>START:</b> _____ ( Military Time ) Date _____ Time _____  <b>DISCONTINUE:</b> _____ ( Military Time ) Date _____ Time _____  (Patient interference with medical restraint orders are limited to 24 hrs. Behavior management order for restraint is time limited to 4 hours for adults and 2 hours for adolescents & children. The RN may reassess patient and continue original order for a maximum of 24 hours).		
	FAXED BY/TIME:	TIME NOTED:	Doctor's Signature _____, MD Date _____  Nurse's Signature / Title _____	

Military Time > >

\* See Reverse Side for ALTERNATIVE MEASURES

USE BALL POINT PEN ONLY - PRESS FIRMLY

## PART OF THE MEDICAL RECORD

**EVALUATION TO BE CONSIDERED:**

Nurse to assess  
Vital signs check  
CBC  
Electrolytes, BUN / Creatinine  
Urine C&S  
Chest X-Ray, Lung Examination  
Accucheck  
Pulse oximetry  
Fluid Intake  
Observe for signs of trauma  
Observe for signs of fecal impaction

**STANDARD PRACTICE:**

- ▶ Reorient patient frequently
- ▶ Keep the patient warm, dry, and comfortable
- ▶ Maintain conversation with patient, even if patient is confused
- ▶ Listen and validate patient's concern
- ▶ Explain procedures before touching the patient
- ▶ Establish eye contact when communicating with patient

**ALTERNATIVE MEASURES TO BE CONSIDERED:****Tube Removal: Intravenous Line**

Wrap the site and arm with an elastic bandage or stockinette. Cut window in the bandage for IV site viewing.  
Tape bandage in place if patient disturbs it.  
Consider using a capped IV line  
Encourage oral intake when possible and reassess need for infusion  
Use mittens instead of wrist restraints.  
Sit patient in recliners to observe unit activities or involve in individual activities.

**Foley Catheter**

Discontinue if possible.  
Hide tubing. Tuck top sheet to make it difficult for patient to slip hands under the sheet.  
Use an activity apron (if available).  
Place the tube between the legs and bag at the foot of the table.  
Use leg bags if appropriate.  
Use mittens instead of wrist restraints.  
Use "dummy tube" to distract patient.

**Nasal Tube**

Use a nasal tube stabilizer.  
Humidify the oxygen.  
Lubricate the patient's nares.  
Tape the cannulas to cheeks  
Check pulse oximetry in room air and remove the tube if possible.  
Provide mouth and nose care each shift and PRN.  
Use mittens instead of wrist restraints when possible.

**Abdominal Tube**

Use a tube stabilizer, an abdominal binder, or both.  
Use mittens instead of wrist restraints.  
Continue to encourage patient with feeding tube if possible and periodically reassess need for tube.  
Use "dummy tube" to distract patient.

**Falls Risk**

Help improve the patient's leg strength.  
Obtain PT consult.  
Offer a bedpan, urinal, or help patient to toilet every 2 hours (or in the morning, after meals, and at bedtime).  
Use recliners and position patient where staff can easily observe patient, such as near nurse's station.  
Use bed alarms.  
Ask family members to sit with patient.

**Wandering**

Allow patient to walk around the unit with supervision  
Offer a walker or assistive device.  
Offer food and drink  
Reorient patient and involve patient in constructive activities such as folding linens.  
Distract patient by allowing patient to observe unit activities.