

Your Hospital's Logo Here

# MATERNAL-INFANT HEALTH PAIN MANAGEMENT ASSESSMENT RECORD

PATIENT IDENTIFICATION

COMFORT GOAL: \_\_\_\_\_

PAIN RATING SCALE USED: \_\_\_\_\_

DATE	TIME	PAIN LOCATION	SEDATION RATING	PAIN RATING	INTERVENTION	INITIALS	EVALUATION TIME / PAIN #	INITIALS

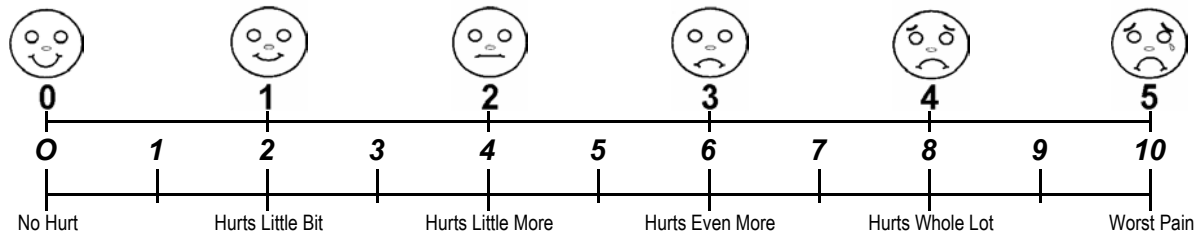
**PAIN SCALES:**

**WONG-BAKER:**  
(Faces)

**0-10 VISUAL:**  
(Numeric)

**VERBAL:**

**NON-COGNITIVE:**



*(FLACC Scale)*  
WONG-BAKER FACES PAIN SCALE from Wong DL, Hockenberry-Eaton M, Wilson D, Winkelstein ML, Ahmann E, DiVito-Thomas PA, Whaley & Wong: Care of Infants & Children, 6th ed. St. Louis, MO: Mosby-Year Book Inc., 1999; 1153. Copyrighted by Mosby-Year Book, Inc. Reprinted with Permission.

**SEDATION SCALE:**

- S = NORMAL SLEEP, EASY TO AROUSE, ORIENTED WHEN AWAKENED, APPROPRIATE COGNITIVE BEHAVIOR
- 1 = WIDE AWAKE - ALERT (OR AT BASELINE), ORIENTED, INITIATES CONVERSATION
- 2 = DROWSY, EASY TO AROUSE, BUT ORIENTED AND DEMONSTRATES APPROPRIATE COGNITIVE BEHAVIOR WHEN AWAKE
- 3 = DROWSY, SOMEWHAT DIFFICULT TO AROUSE, BUT ORIENTED WHEN AWAKE
- 4 = DIFFICULT TO AROUSE, CONFUSED, NOT ORIENTED
- 5 = UNAROUSABLE

**INTERVENTION:**

- 1 = DISCUSS PAIN MANAGEMENT PLAN WITH PHYSICIAN
- 2 = PHARMACOLOGICAL (See MED KARDEX)
- 3 = NON-PHARMACOLOGICAL
  - A. Position Changed
  - B. Relaxation Technique
  - C. Splinting
  - D. Imagery
  - E. Music
  - F. Education
  - G. Other: \_\_\_\_\_

**FLACC PAIN SCALE:**

- 1. Sum of FACE, LEGS, ACTIVITY, CRY & CONSOLABILITY Scores = FLACC Score
- 2. Record FLACC Score using the 0-10 VISUAL (NUMERIC) Scale above

- = FACE Score**
  - 0 = No particular expression or smile
  - 1 = Occasional grimace or frown, withdrawn, disinterested
  - 2 = Frequent to constant frown, clenched jaw, quivering chin
- = LEGS Score**
  - 0 = Normal position, or relaxed
  - 1 = Uneasy, restless, tense
  - 2 = Kicking, or legs drawn up
- = ACTIVITY Score**
  - 0 = Lying quietly, normal position, moves easily
  - 1 = Squirming, shifting back & forth, tense
  - 2 = Arched, rigid, or jerking
- = CRY Score**
  - 0 = No crying (asleep or awake)
  - 1 = Moans or whimpers, occasional complaint
  - 2 = Crying steadily, screams or sobs, frequent complaints
- = CONSOLABILITY Score**
  - 0 = Content, relaxed
  - 1 = Reassured by touching, hugging, talking to, distractable
  - 2 = Difficult to console or comfort

## PART OF THE MEDICAL RECORD

