

Your
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OUTPATIENT INSTRUCTIONS FOLLOWING TEE

Discharge Orders For: _____

From: _____ M.D.
(Discharging Physician)

PATIENT IDENTIFICATION

1. You have just had a transeosophageal echocardiogram (TEE) using an ultrasound probe down the esophagus (food pipe).
2. A numbing spray and gel was used on your throat during the procedure. You may not be able to feel yourself swallowing correctly or feel hot beverages for a couple of hours.
3. Do not eat or drink anything until two (2) hours after your procedure. Begin with full fluids. If tolerated well, you may advance your diet to a regular diet.
4. You have been give medication that will cause drowsiness. Thus, you should NOT drive or operate machinery for the remainder of the day.
5. It is common that you have experience throat soreness or irritation for one (1) or two (2) days after the procedure. This is normal and usually does not require any treatment. If you wish, you may use mild analgesics or throat lozenges as you would normally do for a sore throat.
6. The result of your procedure will be reported to your private physician, who will discuss the results with you and help you decide on a course of treatment, if needed. If you have any questions or problems after the procedure, please contact the ECHO LAB at (202) 877 - 7968 or the physician who performed the procedure.

DOCTOR'S NAME

PHONE NUMBER

INSTRUCTIONS HAVE BEEN VERBALLY REVIEWED WITH ME, AND I HAVE RECEIVED A COPY OF THESE INSTRUCTIONS

Patient / Responsible Person's Signature

Date

Discharging Nurse's Signature / Title

Date