

DEPARTMENT OF NURSING
ADULT/PEDIATRIC PAIN MANAGEMENT FLOWSHEET

DATE	TIME INIT	LOCATION	QLTY	SCALE	PT GOAL 0-10	PAIN SCORE PRE RX 0-10	MEDICATION DOSE, ROUTE	NON PHA	REASSESSMENT				
									TIME INIT	PAIN SCORE POST RX 0-10	PT/PARENT SATISFIED Y - YES N - NO	RR SED	SE

SEE REVERSE SIDE FOR ADDITIONAL INSTRUCTIONS
 LOCATION: Write each location of pain/discomfort on a separate line
 QUALITY (QLTY): AC - Aching BU - Burning CR - Cramping DU - Dull NU - Numb PR - Pricking SH - Sharp IH - Throbbing
 SCALE: NM - Numeric (0-10) FA - Face (0-10) DE - Descriptive BE - Behavioral QB - Objective Pain Scale/ Pediatrics
 ADULT BEHAVIOR CODES: AG - Agitation AP - Altered Position CR - Crying DM - Decreased Movement DA - Decreased Activity DP - Decreased Appetite GR - Grimacing GS - Guarding/Splinting MO - Moaning RE - Restlessness RU - Rubbing SI - Sighing SY - Sympathetic Response NO - No behavioral signs of pain
 NON-PHA: CQ - Cold DI - Distraction HE - Heat MA - Massage MU - Music PQ - Positioning RE - Relaxation IE - TENS Unit
 NON-PHA PEDIATRICS: PA - Pacifier SU - Sucrose SW - Swaddling CQ - Containment FT - Facilitated Tucking SQ - Security Object MT - Motion PC - Physical Contact
KC - Kangaroo Care
 SEDATION LEVEL (SED LEVEL): RECORD FOR ALL OPIATES
 1 = Alert and Awake 2 = Occasionally drowsy, easy to arouse 3 = Frequently drowsy, easy to arouse, drifts off to sleep during conversation
 4 = Somnolent, difficult to arouse 5 = Sleeping, easy to arouse
 SIDE EFFECTS(S/E): CN - Confusion DR - Drowsy ED - Epigastric Distress NA - Nausea II - Itching UR - Urinary Retention VO - Vomiting CD - Constipation
RD - Respiratory Depression HY - Hyperactivity (PIDS)

SIGNATURE/TITLE	INITIALS	SIGNATURE/TITLE	INITIALS